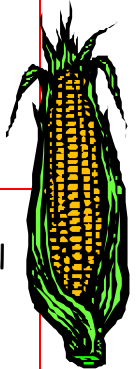


Snack - Week # 4



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM S N A C K	Choice of Cereal with Milk (Cherrios, Rice Krispies, Special K, Life Bran Flakes) Fresh Fruit	Cinnamon Shapes Fresh Fruit Milk	Pancakes Pure Maple Syrup Fresh Fruit Milk	Banana Mini Muffin Poppers Fresh Fruit Milk	Whole Wheat English Muffin Flavoured Cream Cheese Milk
PM S N A C K	Yogurt Fresh Fruit Milk *Water is offered at all snacks to quench thirst.	Whole Grain Crackers (Wheat or Vegetable Thins) Mozzarella Cheese Raw Vegetable Sticks Water	Whole Wheat Mini Croissants Cream Cheese & Jam Fresh Fruit Milk	Lentil Chips Vegetable Platter Ranch/Veggie Dip Milk	Honey Oatmeal Cookies Fresh Fruit Milk



Fruit includes several varieties: banana, grapes, apple, kiwi, orange, cantaloupe, pineapple, peach, melons.

