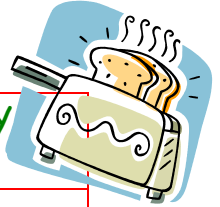
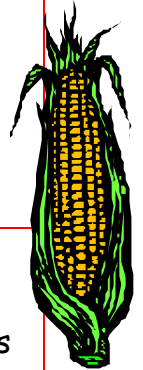




## Snack - Week # 4



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM</b> <b>S</b> <b>N</b> <b>A</b> <b>C</b> <b>K</b>	Choice of Cereal with milk (Cherrios, Rice Krispies, Special K, Bran Flakes) Fresh fruit	Melba Toast With mozzarella cheese Fresh fruit Milk	Pancakes Fresh Fruit Milk	Banana mini muffin poppers Fresh Fruit Milk	Whole Wheat English Muffin Flavoured Cream Cheese Milk
<b>PM</b> <b>S</b> <b>N</b> <b>A</b> <b>C</b> <b>K</b>	Yogurt Fresh Fruit Milk  *Water is offered at all snacks to quench thirst.	Whole Grain Crackers (Wheat or Vegetable Thins) Hummus dip Fresh Fruit	Honey Oatmeal Cookies Fresh fruit Milk	Fresh Veggie Platter Dip Rice cakes Milk	Whole Wheat Mini Croissants Fresh Fruit



Fruit includes several varieties: banana, grapes, apple, kiwi, orange, canteloup, pineapple, peach, melons.

