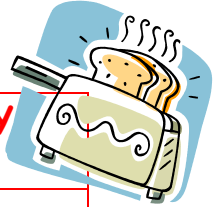




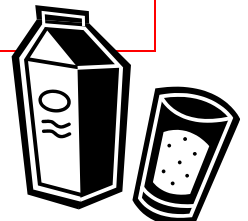
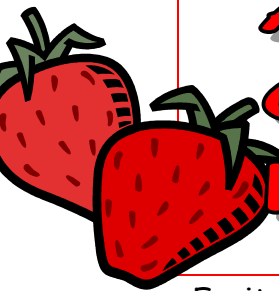
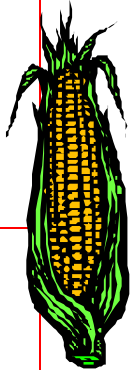
# Snack - Week # 3



**AM**  
**S**  
**N**  
**A**  
**C**  
**K**

**PM**  
**S**  
**N**  
**A**  
**C**  
**K**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Raisin Toast Fresh Fruit Milk	Choice of Cereal with milk Fresh fruit	Whole Wheat Waffles Fresh Fruit Milk	Oatmeal (Assorted varieties) Fresh Fruit Milk	Mini Honey Bran or Oatmeal Apple loaf Fresh Fruit Milk
PM SNACK	Apple Raspberry Crumble Granola Bars Fresh Fruit Milk	Vegetable Platter Whole Grain crackers Cheese cubes	Yogurt Nut free Granola mix Fresh Fruit	Pita Chips Hummus Fresh Fruit	Rice Krispie Squares Fresh Fruit Milk
	*Water is offered at all snacks to quench thirst.				



Fruit includes several varieties: banana, grapes, apple, kiwi, orange, canteloup, pineapple, peach, melons.

